

# Botany Bites School Lunch Menu - 2021

## EXTRA OPTIONS AVAILABLE ON FLEXISCHOOLS

### Hot Food

<b>Pasta Bolognaise</b>	Add: Cheese \$0.50 / Olives \$0.70	\$6.50
<b>Plain Pasta (Butter)</b>	Add: Cheese \$0.50 / Olives \$0.70 / Nap Sauce \$2	\$4.40
<b>Vegetarian Tortellini</b> - with Napolitana Sauce	Add: Cheese \$0.50 / Olives \$0.70	\$6.50
<b>Macaroni &amp; Cheese</b>		\$5.40
<b>Butter Chicken &amp; Rice</b>	– Creamy mild Butter Chicken & Rice	\$6.80
<b>6 Chicken Nuggets</b>	Add: Sauce \$0.30	\$4.90
<b>8 Chicken Nuggets</b>	Add: Sauce \$0.30	\$6.60
<b>12 Chicken Nuggets</b>	Add: Sauce \$0.30	\$9.80
<b>Garlic Bread</b>		\$2.70
<b>Corn Cobb (GF)</b>		\$2.70

### Burgers

<b>Hamburger</b> - Meat patty, Lettuce, Tomato, Beetroot, Sauce)		\$6.50
<b>Schnitzel Burger</b> - Homemade Chicken Schnitzel, Lettuce & Sauce		\$6.50
<b>Grilled Chicken Burger</b> -fresh grilled chicken, Lettuce & sauce	<b>(GF available)</b>	\$6.50
<b>Vegie Burger</b> - Homemade vegie patty, Lettuce, sauce		\$6.50
<b>Bacon &amp; Egg Roll</b> – with sauce	<b>(GF available)</b>	\$4.90
<b>Bacon Roll</b> – with Sauce	<b>(GF available)</b>	\$4.40
<b>Hot Dog</b> - with Sauce		\$4.80
Add: Cheese \$0.60 / Tomato \$0.50 / Egg \$0.70 / Pineapple \$0.60 / Bacon \$0.90 / Avocado \$1.00 / Gluten Free Toasted \$1.20		

### Gourmet Wraps

<b>Sweet Chilli Chicken Wrap</b> - Homemade Tenders, Cheese, baby spinach, sweet chilli sauce	\$7.00
<b>Falafel Wrap</b> - Homemade Falafel, hummus, lettuce, cucumber, tomato, tzatziki	\$7.00
<b>Chicken &amp; Salad Wrap</b> - Lettuce, Tomato, Cucumber & carrot	\$7.00
<b>Ham &amp; Salad Wrap</b> - Lettuce, Tomato, Cucumber & carrot	\$7.00
<b>Chicken Schnitzel Wrap</b> - Homemade Schnitzel, Lettuce, tomato & mayo	\$7.00

### Sandwiches (Gluten Free Bread available)

<b>Cheese</b>	\$4.00
<b>Crumbed Chicken, Lettuce, Mayonnaise</b>	\$5.50
<b>Mashed Egg or Sliced Egg</b>	\$4.00
<b>Ham</b>	\$4.50
<b>Ham &amp; Cheese</b>	\$5.00
<b>Hummus</b>	\$4.00
<b>Honey / Jam / Vegemite</b>	\$3.30
<b>Salad</b>	\$4.50
<b>Tuna &amp; Mayonnaise</b>	\$5.00
<b>Poached Chicken</b>	\$5.00
<b>Roast Beef</b>	\$5.00
<b>Roast Turkey</b>	\$5.00
<b>Bossy Squashy</b> (Ham and Cheese <b>toasted</b> on a roll)	\$5.00
<b>Cheesy Squashy</b> (Cheese <b>toasted</b> on a roll)	\$4.50
Roll or Wrap - Add \$0.50 / Gluten Free Toasted \$1.20	
Add: Lettuce \$0.40 / Cheese \$0.60 / Tomato \$0.50 / Cucumber \$0.50 / Carrot \$0.50 / Avocado \$1.00	

## Salads

<b>Create Your Own</b> - Lettuce and your choice of salad options	\$3.50
<b>Caesar Salad</b> - Lettuce, crispy Bacon, parmesan, egg, croutons	\$6.50
<b>Greek Salad</b> - Lettuce, Tomato, cucumber, olives & feta <b>(GF)</b>	\$6.50
<b>Tuna Salad</b> - Lettuce, Tuna, olives, cucumber, carrot <b>(GF)</b>	\$6.50
<b>Green Salad (Small - recommended as a side serve) - (GF)</b> Lettuce, tomato, cucumber, carrot	\$3.80

Add: Tomato / Cucumber / Carrot / Croutons - \$0.50

Fresh Sesame Roll / Boiled egg / Feta / Parmesan / Crispy Bacon / Olives - \$1

Avocado/ Ham - \$1.50

Poached chicken / crumbed chicken / tuna / turkey / Roast vegetables - \$2

## Sushi

<b>Large Sushi Roll</b> – Choice of the following:	\$4.20
Chicken Teriyaki & Avocado, Chicken Teriyaki & Cucumber, Chicken Teriyaki, Tuna & Avocado, Tuna & Cucumber, Tuna	

<b>Mini Sushi Box</b> – 12 pieced Mini Sushi. Choice of the following:	\$5.60
Cucumber, Avocado, Tuna, Mixed	

<b>Edamame Box</b>	\$3.00
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## Snacks

<b>Gingerbread Man</b>	\$2.80
<b>Popcorn (GF)</b>	\$2.70
<b>Banana Bread</b>	\$2.80
<b>Yoghurt &amp; Berries (GF)</b>	\$4.00
<b>Fresh Fruit Salad (GF)</b>	\$4.00
<b>Watermelon Cup (GF)</b>	\$3.70
<b>Jelly (GF)</b>	\$2.70
<b>Baby Button Cookie</b>	\$2.80
<b>Homemade Chocolate Brownie</b>	\$2.70
<b>Hummus &amp; Vege Sticks</b>	\$3.60
<b>Vege Sticks</b>	\$2.90
<b>Custard Cup (GF)</b>	\$2.90
<b>Custard Cup with Milo (GF)</b>	\$3.40
<b>Custard Cup with Mixed Berries (GF)</b>	\$3.40

## Drinks

<b>Spring Water</b>	\$2.50
<b>Flavoured Milk</b> (Chocolate or Strawberry)	\$3.00
<b>Juice</b> (Apple, Orange, Apple Blackcurrant)	\$2.70
<b>Up &amp; Go</b> (Chocolate, Strawberry, Banana)	\$3.00