

# Ready for school checklist

Tick each item when it has been done (not all tasks will apply to you).

## This year

- Attend school orientation or transition to school program.
- When immunisations are due, ask to have your child's hearing and eyesight checked.
- If your child has an allergy, medical condition, takes medication or has any special needs, inform the school as early as possible and make an appointment to see the principal.
- Fill in a travel pass application if this applies to you. If needed phone 1800 227 774 or (02) 9891 8900 or go to [www.transport.nsw.gov.au/ssts](http://www.transport.nsw.gov.au/ssts)
- Organise out of school hours care.
- Practise walking or travelling to school.

## Some things you might need to buy

- school uniform (summer, winter, sports)
- hat (usually part of school uniform)
- school shoes, socks and running shoes (try Velcro straps if your child can't tie laces)
- backpack (may be available from the school)
- lunch box (have your child choose one they can open)
- water bottle
- raincoat
- paint shirt (an old T-shirt will do)
- library bag



## Next year

### January

On the following page, you will find the **countdown to school calendar**. You might like to spend some time each day with your child doing the tasks written on the calendar.

### Get organised at home

- Write your child's name on everything!
- Make sure you have the school's phone number.
- If you have a son, make sure he knows how to use a urinal.

### The night before the first day

- Lay out your child's clothes, shoes and socks.
- Make your child's recess and lunch and pop it in the fridge.
- Help your child to pack their school bag.
- Pack a spare pair of underpants, socks and a change of clothes in a plastic bag. Let your child know these are in their backpack in case they have any toilet accidents at school.

### The first day

- Be confident about the first day with your child.
- Let your child dress themselves as much as possible.
- Tie back long hair or plait hair.
- Apply sunscreen and take a hat.
- Take photos!
- Pick up your child on time.

