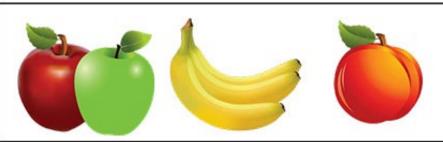
WHAT GOES IN MY LUNCHBOX



FRUIT (2 PIECES)



SANDWICH, WRAP OR ALTERNATIVE



DAIRY





VEGETABLES (2 PIECES)



FIBRE/GRAINS (Wholegrains)



WATER

