

BELLEVUE HILL PUBLIC SCHOOL

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Principal's Report

Thank you to all the dedicated, hard working teachers at Bellevue Hill Public School who have developed and are implementing a whole school plan to ensure that teaching and learning continues for those children who are in self-isolation. This is in addition to fulltime teaching and learning for students at school.

To support students' wellbeing, teachers have maintained normal routines and lessons as well as addressed the coronavirus with the students.

This week was 'Upstander Week' at BHPS. Ms. Walkersmith organised for all students to complete activities on this anti-bullying strategy. You can see some of their artwork in the newsletter.

At Bellevue Hill Public School we have implemented a number of strategies to ensure that we support best health and hygiene practices at school. These include:

- children washing of hands as they enter the classroom and before eating—they have all learnt to do so whilst singing Happy Birthday and I sure that you may have seen some of them do this at home;
- enhancing our infection control procedures daily, the Department also conducting whole school enhanced cleaning of surfaces;
- we have followed the Department's advice on social distancing by cancelling assemblies. In addition, students go directly into the classroom in the mornings and teachers are mindful of social distancing of students throughout the day.

I would also like to thank all parents and carers for their understanding at this time. If your child exhibits any flu like symptoms we ask that you keep them at home. Below please find a link to information for families of students in self-isolation:

<https://education.nsw.gov.au/teaching-and-learning/curriculum/continuity-of-education>

As a result of the new measures in place a number of events have been postponed and/or cancelled including:

- NAPLAN
- Parent/ teachers interviews
- PSSA Sport
- Cross Country Carnival
- Winter sport trials
- School Camps and Excursions
- School band, choir, recorder and music tutors
- Parent reading tutor program

Thank you to the teachers who are taking their classes for sport activities.

As we best prepare for the possibility of teaching and learning remotely some teachers have trialed new interactive tools and resources. These will **ONLY** be used if we move to remote learning for students.

We want to ensure that all students have access to learning during this time. We understand that not all parents/carers may have access to the internet or may have one computer at home and more than one child.

As part of our plan we ask parents/carers whose child/children do **NOT** have access to please complete a survey, by copying this url into your browser:

<https://www.surveymonkey.com/r/YDYPCY8>

If you have any questions, please do not hesitate to contact us.

Finally, many thanks to wonderful office ladies who are working tirelessly to provide extra support to the whole school community every day and our General Assistants, who have also taken on a number of extra duties during this time.

Cherie Stone
Deputy Principal

School Levies—2020

Invoices have now been emailed out to families.

Yr K - \$468.00

Yr 1 - \$473.50

Yr 2 - \$464.00

Yr 3 - \$447.50

Yr 4 - \$447.50

Yr 5 - \$447.50

Yr 6 - \$447.50

Text Books

If you have not already purchased your child's text books please contact the office to finalise this asap.

Yr K - \$32.50

Yr 1 - \$44.15

Yr 2 - \$44.15

Yr 3 - \$44.15

Yr 4 - \$46.85

Yr 5 - \$46.85

Yr 6 - \$17.25

NAPLAN - 2020



Education Ministers met today and decided that NAPLAN will not proceed in 2020.

This decision was made at today's COAG Education Council meeting which included Commonwealth, state and territory ministers.



Student Wellbeing @ BHPS

'Upstander Week'

For most of this term, students at BHPS have been learning about anti-bullying strategies and how kindness, getting along and respectful relationships can help people who feel bullied to make a change.

The reactions of those witnessing bullying behaviour (bystanders) can influence whether the behaviour continues and can also have long-term effects on the wellbeing of the person being bullied. Someone making an effort to help can have a positive impact on the person being bullied.

'Most bystanders say that they would assist a person being bullied if they knew what they could do to make a difference. Bullying behaviour is significantly reduced in schools where the culture actively promotes positive relationships and recognises the important role of the bystander (Salmivalli, 2014).'

Four distinct bystander roles have been identified: reinforcer (laughing, cheering, encouraging) assistant (actively helping e.g blocking exits) outsider (silent observation that could be interpreted as approval) defender (active support for the person being bullied, also called an *upstander*).

We support bystanders to become upstanders by explicitly teaching and practising effective responses. All students across the grades celebrated the role of the 'Upstander' this week.

Possible upstander's roles include:

- *Ignore* and walk away.
- *Refuse* to join in.
- *Report* to an adult.
- Invite the person being bullied to join you.
 - *Speak up* for example "I don't like what you are doing" ("I" messages– stay respectful).
- *Distract* the bully with a joke or question or suggest everyone shares a game/ activity.

Upstander Week With Year 5!

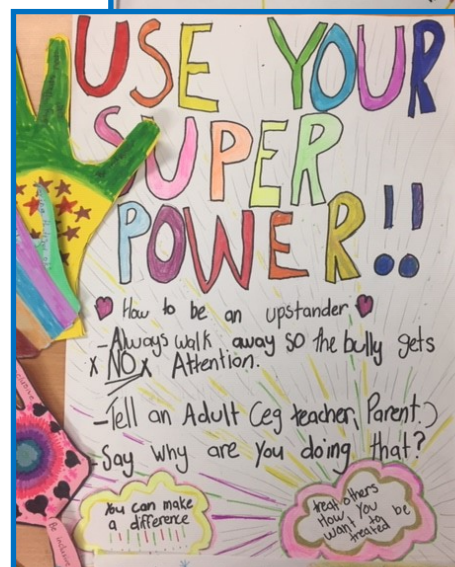
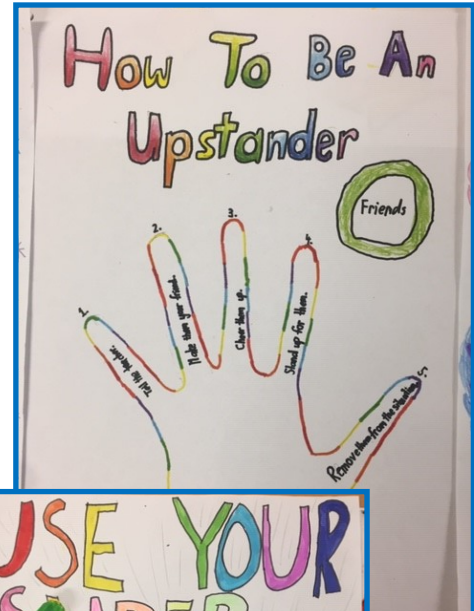
Students in Year 5 undertook a variety of tasks to reinforce the importance and benefits of being an upstanding student compared to that of being a bystander. Students discussed the various rules around group activities and gained a deeper understanding of the complex nature of speaking up for themselves, as well as for others.

Students traced around the outline of their hands, and on each finger they wrote a skill required to be a helpful student who may witness an act of bullying. Students wrote that they could help by being a good friend, asking for the bullying to stop and seeking help from trusted adults.



Student Wellbeing @ BHPS

K-6 'Upstander Week'



Student Wellbeing @ BHPS You Can Do It!

Kids Help Line with Year 5!

On Monday and Tuesday this week the Year 5 students participated in a Kids Help Line video conference with counsellor, Poppy.

Mental health literacy and emotional self-regulation are important aspects of our day to day lives. Poppy showed us a few videos focussing on how to manage challenging emotions including sadness, anxiety and anger.



"I really liked how Poppy spoke about the three areas in our brains."

"I didn't know Kids Help Line existed before today!"

"I think it's important for people express their emotions freely."

Italian Language Classes CARNEVALE DI VENEZIA

"A Carnevale ogni scherzo vale" is the sayingAt Carnevale every joke counts.

Carnevale is one of our favourite days of the year at school because we can wear our fancy masks and tell a joke or two.

Sadly, this year in Italy, Carnevale was cut short because of COVID-19, a very sad time for the world. However, for our Italian class, Carnevale was a fun and uplifting experience.

Grazie Signorina Infante (thank you)

From Year 4: Alexis, Mila and Danielle





Green Team

Congratulations to the following students who have been selected to represent their class as the Semester 1 Green Team representative!

Year 1— Zev G, Demi K, Leah M, Sophia R

Year 2- Hana S-P, Ashton G, Alba S, Judd C

Year 3— Noam M, Madeline K, Gila V

Year 4— Josh L, Matthew R, Mila B

Year 5— Lior B, Jonah F

Year 6— Yoshi S-P, Eshana J

Watch this space for exciting projects and ideas being implemented by the Green Team students.

**Miss Levy, Miss Gabbay, Miss Moore
(Green Team Teachers)**

Russian Classes

This Term, students in Year 3 take part in the activity "Show and Tell". They bring from home lots of Russian books, toys and souvenir's.

It was so exciting to see a few Matryoshka also known as Babushka dolls in one room! Students put them in a circle to make the Russian circle dance call "haravod".

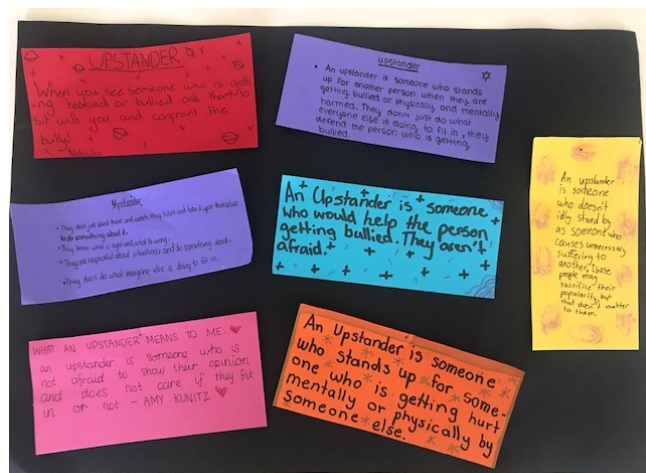
The dolls were just beautiful in their hand painted colourful cloth!



Dr Petrova – Russian language teacher



Year 6 has incorporated the concept of being an Upstander into their Conceptual unit. In the creation of their symbols, they are representing a rich Australian history of being Upstanders for those who need it most, Indigenous Australians. Through their learning about events in Australia's history where Australians spoke out and took action to ensure the rights of Indigenous Australians, Year 6 students could see clear examples of how being an Upstander can create significant positive social change.



Merit & You Can Do It Awards

Yr K: Paige P, Oscar H, Mark K, Victoria U, Mishelle S, Marlee C, Olivia C, Lily J
Yr 1: Tyler H, Emily S, Cooper H, Eliana H, Nadav M, Josh C, Sophia L, Aline M, Kim S,
Yr 2: Charlie M, Eva-Maree H, Sofia R, Kate N, Nicolas A, Leila K, Vivi L, Siena K
Yr 3: Sophia R, Jazzy G, Rachel J, Amy S, Amy K
Yr 4: Daniella A, Logan H, Matthew R, Dani F, Adrian P, Max P
Yr 5: Macy N, Jonah F, John Z, Demi D
Yr 6: Brandon F, Jessi L

Italian:

(Yr K) Xavier N, Aline M (Yr 1), Ethan D (Yr 3), Amina C (Yr 5)

Russian:

Ayla T (Yr K), Alexander R (Yr 1), Rakhel F (Yr 3), Iga C (Yr 4)

Hebrew:

(Yr K) Addison H, Maya R,
(Yr 1) Emily S, Jay T
(Yr 2) Benjamin N, Charlie M,
(Yr 3) Jamie S, Chloe G, Madeline K
(Yr 4) Nathaniel M, Noa G
(Yr 5) Jamie L, Jaimee A, Jamie M
(Yr 6) Isabella R, Zaneta D,

Sports Awards: Week 6

Oz Tag: Lior B, Aaliyah, Talia Ruben, Aiden M

Basketball: Luka B, Ruby D, Eamon E, Max K

Cricket: Stella L, Lily O, Yonni S,

Taekwondo: Chris M

Basketball Skills: Mia W

School Sport: Eligh B



Upcoming Events



March

25 Yr 6—Cookie & Muffin Day (Cancelled)

27 Earth Hour

30 Easter Egg Competition week!

April

**2 Hot Cross Buns—Music Ensembles
8:30am in the Hall (Cancelled)**

**6 PSSA Winter Sport Trials (Yrs 3-6)
(Postponed)**

P&C Meeting 7:30pm—Staffroom TBC

**7 Yrs 3-6 Cross Country Centennial Park
(Cancelled)**

**7 PSSA Winter Sport Trials (Yrs 3-6)
(Postponed)**

9 Students Last Day Term 1

Term 2

April

28 Students return

May

4 P&C Meeting 7.30 pm

5-7 Mothers day Stalls

8 Mothers day Breakfast TBC

11-22 NAPLAN for Years 3&5

New in 2020!
Each term a parent
calendar will be posted
onto the Bellevue Hill
Public School website.

To access please use the link below:

<https://bellevuehi-p.schools.nsw.gov.au>

Lunch Ordering - Botany Bites

Our lunch order delivery service from Botany Bites Catering will be commencing on Monday 3rd February. Lunch orders in 2020 can now be ordered on Mondays, Tuesday and Wednesdays during term time.

Please see the attached information on the menu available and how to download the Flexischools app to place your lunch orders.

Cancellations: Should you ever need to cancel orders that have already been placed with Flexischools, the process should be as follows:

If cancelling prior to delivery day:

Visit www.flexischools.com.au – log into your account, access your order and nominate to cancel it. ***This can be done up until midnight of the day prior to delivery.***

If cancelling on the day of delivery:

Please call us on PH: 96661799 by 10.30am. You must speak to us directly in order to ensure that the order has been cancelled and funds can be credited to your account.

If you have any queries about our food, suggestions or special dietary requirements please email us at food@botanybites.com.au or by phone on 96661799.

You can also follow us on Facebook & Instagram.

We have partnered with Flexischools, to make school lunches even easier.

- Order online at anytime
- Easily monitor special dietary requirements
- Pay with Visa, Mastercard, Paypal or direct deposit

Lunch Orders available on Mondays, Tuesdays and Wednesdays ONLY!



SET UP YOUR ACCOUNT

1 Download the Flexischools App

Note: for iPhone and iPad please select 'Allow' notifications.



2 Add your School and Group

Click on the search icon, enter your school name, select your school and year group, or groups relevant to you.

3 Login/Register

Click the 'Order now' button located in the bottom right-hand corner of the app, this will open a login screen.

- **Already a Flexischools user** - Enter your details and login. To save your login details select 'remember me'.
- **New Flexischools user** - Click 'Register', enter your email address and follow the instructions in the email to set up your account. Once your account is set up, add new student; search for their school, enter student details and select their class.

ORDER

1 Place your Order

Click the 'Order now' button located in the bottom right-hand corner of the app and select your student.

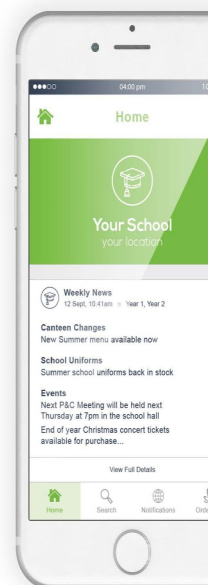
2 Make your Selection

Select the items you wish to order.

3 Make Payment

Select your payment option and complete payment to place your order.

Alternatively you can sign-up on flexischools.com.au



1300 361 769

flexischools.com.au



10 years supporting the school community



Committed to healthy eating



Over 1,400 happy schools

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